Sonnenalp Signature Massage 50 minutes $175 / 80 minutes $255
A full-body light to medium pressure massage that relieves muscle tension and improves circulation while promoting deep relaxation.

Mountain Sports Massage 50 minutes $175 / 80 minutes $255
Soothe your aches and pains after playing on the mountain with this firm pressure and gentle stretching massage to help improve joint mobility.

Deep Therapeutic Massage 50 minutes $175 / 80 minutes $255
A firm to deep pressure massage, focusing specifically on painful or tense areas. Your therapist will use customized deep tissue techniques to break up adhesions and stored toxins, helping to bring your muscles back into balance.

Spa Reflexology Massage 50 minutes $175
This holistic treatment stimulates the reflex points on your feet and hands to evoke a systemic reaction that relaxes and revitalizes your entire body.

Couple’s Custom Massage 50 minutes $350 / 80 minutes $510
Relax together in our couple’s suite while indulging in a full-body massage, choosing from the above massage types.

Heated Stone Massage 75 minutes $255
Using smooth, heated river stones, this treatment allows for a warm and deep relaxation, bringing soothing relief to tight and aching muscles.

Warm Herbal Poultice Massage 80 minutes $255
Drift away tensions while enjoying this traditional Thai-inspired massage. A hot-steamed herbal poultice opens the pores and brings a deep medicinal heat to your muscles to alleviate aches and pains, release tensions, detoxify and revitalize.

Table Thai Massage or Thai Massage Integration 80 minutes $275 / 105 minutes $355
A combination of gentle rocking motions and assisted stretching serve to deeply relax and revitalize body and mind. Benefits include increased flexibility, relief of joint and muscle tension and a balance of the body’s energy system. Wear loose, comfortable clothes for easy movement for Table Thai.

Signature Seasonal Scrub 50 minutes $175 / 80 minutes $255
A mild full-body exfoliation, blended with scents of the season. Removes dead skin cells and surface impurities, allowing the skin to retain moisture and add a healthy glow. The scrub ends with a hydrating moisture application, leaving your skin softened and nourished. Choose the 80-minute treatment to enjoy a full-body massage following your scrub.

Bavarian Body Polish 50 minutes $175 / 80 minutes $255
Our most gentle and hydrating exfoliating treatment consists of a full-body scrub followed by a relaxing moisture application. Ideal for those with sensitive, mature or sun-burned skin. Choose the 80-minute treatment to enjoy a full-body massage with your body polish.

Mountain Radiance Scrub 50 minutes $175 / 80 minutes $255
This invigorating treatment uses ancient seabed mineral salts infused with essential oils for a full-body exfoliation followed by a relaxing moisture application. Choose the 80-minute treatment to enjoy a full-body massage with your scrub.

Signature Seasonal Hydrating Wrap 80 minutes $255 / 110 minutes $345
This treatment begins with a full-body exfoliation, featuring scents of the season. This is followed by a deeply moisturizing mask, allowing optimal absorption into your skin. The wrap ends with a final moisture application. You will emerge deeply relaxed and glowing. Choose the 110-minute treatment to enjoy a full-body massage following your wrap.

Detoxifying Mud Wrap 80 minutes $255 / 110 minutes $345
A full-body exfoliation is followed by an enzyme-rich mud mask, which helps to nourish and tone the skin, stimulate circulation and assist the body in releasing toxins and muscle pain. The wrap finishes with a relaxing moisture application to soften and hydrate the skin. Choose the 110-minute treatment for a full-body massage following your wrap.

MASSAGE & BODY TREATMENT ENHANCEMENTS
Add on any one of the following treatments for the ultimate experience:

- 20 min. Head, Neck and Scalp Massage $85
- 20 min. Hot Oil Scalp Massage $85
- 20 min. Full-Body Exfoliation $85
- 20 min. Hand and Foot Massage $85
- 20 min. Spa Reflexology $85
- Arnica Spot Treatment $20
- Paraffin for Hands or Feet $20
- CBD Spot Treatment $30
- CBD Full Body With Spot Treatment $40
- Hyaluronic Facial Mask $20
- Headache or Sinus Relief Remedy Massage $20
- Hot Stone $25
- Far Infrared Biomat $25

Prenatal Approved. Please let the spa concierge know prior to booking if you are expecting.
**Signature Facial 50 minutes $175 / 80 minutes $255**
Our most popular facial, customized based on your skin type. This result-oriented treatment addresses concerns such as anti-aging and the effects of high altitude. Your skin is left rehydrated, supple and vibrant. The 80-minute Signature Facial is enhanced with specific detail work, creating added visible results and an overall decadent experience.

**Men's Signature Facial 50 minutes $175 / 80 minutes $255**
Designed specifically for men, this relaxing facial provides relief from the effects of outside elements, such as the sun, shaving and sports. Leaves the skin feeling rejuvenated and healthy.

**Lymphatic Facial 50 minutes $175 / 80 minutes $255**
This is an ideal treatment for sinus issues. A gentle, pressure-point facial massage assists in the draining of toxins by manually activating the lymphatic system. The results include reduced puffiness, as well as sinus allergy relief. Our enhanced 80-minute Lymphatic Facial includes the benefits of our Signature Facial. 50-minute treatment does not include extractions.

**Deluxe Caviar Facial 80 minutes $285**
A decadent facial utilizing anti-aging caviar proteins to firm, tone, refine and deeply hydrate the skin. Results are immediate, leaving skin looking supple, healthy and luminescent.

**Brightening Facial 50 minutes $190 / 80 minutes $270**
An advanced multi-formula peptide peel that targets face, neck and decollete for immediate improvement in texture, tone, clarity and luminosity. Our enhanced 80-minute Brightening Facial will also target the hands.

**HydraFacial 50 minutes $250 / 80 minutes $325**
This deeply hydrating facial addresses fine lines, congested and enlarged pores, acne-prone skin and hyper-pigmentation. The results are clearer, more beautiful skin with no discomfort or downtime. A moisturizing paraffin treatment and light therapy are also included. Our 80-minute HydraFacial includes a lymphatic treatment, which assists in draining toxins to reduce puffiness and provide sinus relief. Series packages available – ask our Spa Concierge for details.

**Gua Sha Firming Facial 50 minutes $190 /80 minutes $270**
This fully customized and holistic firming facial combines results driven ingredients to address all skin concerns. Expert massage techniques with specialized Jade tools release toxins, improve circulation and enhance natural hydration. Results are visibly smoother, tighter, more radiant skin.

**Five-Star Decadence with Foot Reflexology 50 minutes $355 /80 minutes $435**
Experience the ultimate spa indulgence. This treatment provides twice the relaxation of others, giving you two therapists. Enjoy a 50 or 80-minute Signature Facial while also receiving 50 minutes of foot reflexology. The rhythm and movement of four hands is certain to induce a restful state and lasting calm, while your skin is rejuvenated.

**Soundscapes 50 minutes $190 /80 minutes $270**
This treatment integrates sound and vibration therapy into your facial experience using tuning forks to create activity in the muscles and promote collagen and elastin production. Also perfect for sinus conditions and puffiness. Based on therapist availability.

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**Facial Enhancements**
Add on any one of the following treatments for the ultimate Facial experience:

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>20 min. Head, Neck and Scalp Massage</td>
<td>$80</td>
</tr>
<tr>
<td>20 min. Foot and Calf Treatment</td>
<td>$80</td>
</tr>
<tr>
<td>20 min. Hot Oil Scalp Treatment</td>
<td>$80</td>
</tr>
<tr>
<td>20 min. Lymphatic Facial Massage</td>
<td>$85</td>
</tr>
<tr>
<td>20 min. Hydrating Eye &amp; Lip Treatment</td>
<td>$80</td>
</tr>
<tr>
<td>20 min. Soundscapes*</td>
<td>$95 *Based on therapist availability</td>
</tr>
<tr>
<td>Ampoule Therapy</td>
<td>$45</td>
</tr>
<tr>
<td>Paraffin for Hands or Feet</td>
<td>$20 With CBD $35</td>
</tr>
<tr>
<td>Headache or Sinus Relief Remedy Massage</td>
<td>$20</td>
</tr>
<tr>
<td>Lip, Brow, Chin or Nose Wax</td>
<td>$30</td>
</tr>
<tr>
<td>Underarm Wax</td>
<td>$40</td>
</tr>
<tr>
<td>Brow Tint</td>
<td>$30</td>
</tr>
<tr>
<td>Oxygen Bar</td>
<td>$2 per minute / 5 minute minimum, 30 minute maximum</td>
</tr>
</tbody>
</table>

Our oxygen bar is perfect for those experiencing the effects of altitude sickness or those needing an energy boost. This treatment produces 94.7% oxygen and aids in alleviating symptoms such as shortness of breath, light headedness, dizziness, headaches, fatigue, weakness and nausea.

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**Sonnenalp Signature Manicure 45 minutes $75**
A complete manicure with exfoliation, cuticle work, nail shaping, hand and arm massage, followed by your choice of polish.

**Sonnenalp Signature Pedicure 45 minutes $80**
A soothing footbath followed by nail shaping, heel exfoliation, a hydrating foot and calf massage and polish.

**Gentleman's Manicure 45 minutes $75**
A complete manicure with exfoliation, cuticle work, nail shaping, hand and arm massage, followed by a shine buff.

**Gentleman's Pedicure 45 minutes $80**
A soothing footbath followed by nail shaping, cuticle work, heel exfoliation, hydrating foot and calf massage and shine buff.

**Sonnenalp Ultimate Pedicure 75 minutes $130**
Enhance your pampering with our Ultimate Pedicure experience. A soothing footbath is followed by nail shaping, cuticle work, an extended hydrating foot and calf massage and your choice of polish. In addition, enjoy a softening foot scrub and indulgent paraffin treatment.

**Kid's Manicure and Pedicure 50 minutes $75**
Experience a manicure and pedicure with your choice of polish. Must be under 12 years old and accompanied by an adult.

**Ion Spa Detoxifying Foot Treatment 50 minutes $85**
A detoxifying ionic-footbath with foot scrub and relaxing foot massage to help the body release built up toxins.

**Ion Spa Detoxifying Pedicure 80 minutes $125**
Our detoxifying ionic-footbath treatment followed by our Signature Pedicure.

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**HAND AND FOOT CARE ENHANCEMENTS**

- 20 min. Foot Massage $65
- Paraffin for Hands or Feet $20
- Revitalizing Vitamin C Treatment $20

**Waxing**
- Neck $25
- Full Face $70
- Upper Half Leg $60
- Lower Half Leg $50
- Full Leg $95
- Half Arm $50
- Chest $70
- Back $75
- Bikini $50
- Brazilian $90

**Tinting**
- Lashes $40
- *Brows $30
  *Based on Availability

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**Sonnenalp Signature Package $430**
50-min. Signature Massage, 50-min. Signature Facial, 45-min. Signature Pedicure and 45-min. Signature Manicure.

**Gentleman's Renewal Package $430**
50-min. Signature Massage, 50-min. Men’s Signature Facial, 45-min. Gentleman's Pedicure and 45-min. Gentleman’s Manicure.

**Mom-to-Be Package $430**
50-min. Prenatal Massage, 50-min. Mom-to-Be Facial, 45-min. Signature Pedicure and 45-min. Signature Manicure.

**Bride-to-Be Package $560**
80-min. Signature Seasonal Scrub, 50-min. HydraFacial, 45-min. Signature Pedicure and 45-min. Signature Manicure.

**Romance Package $865**
80-min. Couple’s Massage, two 50-min. Signature Facials and two 45-min. Signature Pedicures.

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**Ask About Building Your Own Package!**

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