



# HOT SELECTIONS

### HEARTY IRISH OATMEAL (VEGAN) | 15

Steal Cut Oats, Brown Sugar, Raisins. Add Bananas/Berries 5

#### SONNENALP CLASSIC\*\* | 22

Two Eggs Any Style, Hash Browns, Choice of Bacon, Ham, Sausage Choice of Toast: White, Wheat, Rye, English Muffin, Sourdough, Gluten Free

### CREATE YOUR OWN OMELET\*\* | 24

Three Eggs, Hash Browns, Choice of Toast Fillings: Cheese: Provolone, Pepper Jack, Cheddar, Swiss, American, Feta Asparagus, Onion, Green Pepper, Spinach, Tomato, Mushroom, Bacon, Ham, Sausage

#### **SWEET BEGINNING** | 23

Pancake, Belgian Waffle, or Brioche French Toast: Maple Syrup, Butter, Berries, Choice of Bacon, Ham, Sausage

#### CHEF MARIO'S MEXICAN CHORIZO & PEPPER BURRITO\*\* | 27

House Made Wild Boar Green Chili, Three Chili Blend

### EGGS BENEDICT\*\* | 26

Two Poached Eggs, English Muffin, Canadian Bacon, Hollandaise Sauce, Hash Browns

Make it Florentine: Spinach, Mushroom, Onion

Make it California: Avocado-Feta Cheese Spread, Tomato

#### THREE CHEESE & EGG SANDWICH\*\* (GFUPON REQUEST) | 25

Scrambled Egg, Country Ham, Toasted Bagel, Hashbrowns

# COLD SELECTIONS

## SONNENALP SIGNATURE MÜSLI | 13

Oats, Yogurt, Milk, Granny Smith Apple, Walnut, Raisins, Grape, Honey, Coconut, Citrus, Cinnamon, Brown Sugar

#### YOGURT AND GRANOLA | 17

Greek Yogurt, Colorado Sacred Vow Granola, Bee Square Honey, Berries

#### BAGEL & LOX\*\* | 24

Sustainably Raised Smoked Atlantic Salmon, Lemon Dill Cream Cheese, Pickled Red Onions, Cured Tomato, Radish, Mustard Seeds Choice of Bagel: Plain, Sesame, Onion, Everything, Gluten Free

#### SONNENALP SEASONAL FRUIT PLATE | 14

Fresh Berries, Greek Yogurt, Bee Squared Farms Honey Comb

#### ACAI & PEANUT BUTTER SMOOTHIE BOWL (VEGAN) | 17

Colorado Sacred Vow Granola, Matcha Cookie Crumble, Flax Seed, Banana

# AVOCADO FANCY TOAST\*\* | 23

French Country Bread, Avocado-Feta Cheese Spread, Fair Meadow Farm Cage Free Fried Egg, Rocket, Pickled Onion, Cherry Radish

#### MATCHA & SOY CHIA PUDDING (VEGAN UPON REQUEST) | 17

Raspberries, Whipped Cream, Cookie Crumble





# BEVERAGES

LAVAZZA COFFEE | 6

LAVAZZA DECAF | 6

**ESPRESSO** | 6.5

MACCHIATO | 8

**DOUBLE ESPRESSO** | 7.5

CAPPUCCINO | 8

CAFÉ LATTE | 8

**HOT CHOCOLATE** | 7

**RONNEFELDT LOOSE TEA | 7.5** 

Fruity Chamomile

Fresh Mint

Red Fruit

Green Dragon

Rooibos Vanilla

Verbena

English Breakfast

Earl Grey

Darjeeling Summer Gold

\*all coffees & teas sustainably sourced

## **MORNING BOOSTER | 9**

- Ginger-Lemon-Cayenne
- Carrot-Turmeric
- Spinach-Cucumber-Apple-Lime

## COCKTAILS

**SONNENALP SCREWDRIVER** | 16

Spring 44 Vodka, Fresh Squeezed OJ

MOSCOW MULE | 14

Spring 44 Vodka, Ginger Beer, Lime

**HIBISCUS MIMOSA** | 12

House Hibiscus Syrup, Prosecco

**BLOOD ORANGE MIMOSA** | 12

Blood Orange Coulis, Prosecco

## COLD DRINKS—

### FRESH SQUEEZED JUICES | 14

Orange, Grapefruit, Carrot, Green Juice

#### **PASTEURIZED JUICES** | 6

Orange, Apple, Grapefruit, Cranberry, Tomato, V8, Pineapple

**ASSORTED SODAS** | 5

ICED TEA | 5

**SPARKLING OR STILL** | 11





- •Bee Squared Del Norte, CO
- Fair Meadow Farm Grand Junction, CO
- •Boulder Breadworks Boulder, CO
- •Continental Sausage Denver, CO
- •Two Leaves Tea Basalt, CO

