

HydraFacial 50 minutes \$310 / 75 minutes \$390

Get the best skin of your life! This non-invasive treatment improves skin health and creates a glow like no other. The 50-minute HydraFacial includes a paraffin hand treatment and red-light therapy. The 75-minute option includes a lymphatic treatment, paraffin hand treatment, and red-light therapy.

HydraFacial Enhancements:

- Neck ~ Décolleté Treatment \$75
- Personalized Boosters \$50
- Hydra-back \$90
- Masque Therapy \$45

Five-Star Facial with Foot Reflexology 50 minutes \$405 / 75 minutes \$490

The ultimate spa treatment providing twice the relaxation by combining a Signature Facial while receiving a 50-minute foot reflexology massage. The 75-minute facial includes an advanced masque application and hand paraffin treatment.

Signature Facial 50 minutes \$205 / 75 minutes \$290 ♥

A facial customized to your skin type and needs addressing anti-aging, excessive dryness/oiliness, or hyperpigmentation. Your skin will be exfoliated, rehydrated, and glowing! The 75-minute facial includes an advanced masque application and foot massage.

Caviar Facial 50 minutes \$220 / 75 minutes \$320

Utilizing a highly concentrated formula of collagen polypeptides, caviar extract, and hibiscus esculentus, this facial provides reparative ingredients that smooth, plump, and hydrate aging skin. The 75 minute facial includes an advanced masque application and foot massage. Recommended for all skin types, the benefits are instantaneous!

Gua Sha Lymphatic Facial 50 minutes \$205 / 75 minutes \$290

Whether you are experiencing stress, aging or 'mountain facial bloat', this unique blend of facial massage techniques uses a skin balancing facial oil and Gua Sha sculpting tool stimulating collagen and elastin production to firm and lift, while increasing circulation to create a more radiant glow. The 75-minute facial includes extractions if desired, an advanced masque application, and foot massage.

Mela Bright Facial 50 minutes \$220 / 75 minutes \$320

Using a triple depigmenting exfoliation, a vitamin powered serum, and a refreshing creamy-mask enriched with Vitamin C, this facial will brighten your skin, reduce dark spots, and give you a radiant glow. The 75-minute facial includes an advanced masque and foot massage.

Rocky Mountain O2 Facial 50 minutes \$230 / 75 minutes \$325

Oxygen is essential for the life of every cell in our body including skin cells. This facial prepares the skin by exfoliating dead skin cells, tones, conditions, and hydrates with enzymes and amino acids. Then we infuse the skin with over 180 million oxygen molecules per second carrying a proprietary blend of vitamins A, C, E and 87 natural minerals. Your skin will be refreshed, radiant, and glowing. The 75-minute facial includes advanced masque application.

Dermaplane Glō 50 minutes \$220

Give us 50 minutes and we will have your skin glowing! We start by dermaplaning your skin to remove the top layer of dead skin cells and peach fuzz, then finish with an exfoliating treatment leaving your face ultra smooth. A stem cell & peptide mask is applied under red light therapy to firm and hydrate your skin. Märchenhaft!

FACIAL ENHANCEMENTS

- 20 min. Dermaplane \$95
- 20 min. Head, Neck, and Scalp Massage \$95 ♥
- 20 min. Foot and Calf Massage \$95 ♥
- 20 min. Hot Oil Scalp Treatment \$95 ♥
- Masque Therapy \$45 ♥
- Headache or Sinus Relief Massage \$20 ♥

- Soundscapes* \$25 *Based on therapist availability ♥
- Paraffin for Hands or Feet \$30 ♥
- Hydrating Eye or Lip Treatment \$25 ♥
- Red Light or Microcurrent \$30

♥ Prenatal Safe. Please advise spa concierge of pregnancy prior to booking treatment(s).

Dry Brushing Body Treatment 50 minutes \$210 / 75 minutes \$300 ♥

A full body exfoliation that stimulates the lymphatic system, promotes circulation, removes dead skin, naturally detoxifies, aids in digestion, and improves the appearance of cellulite. The 75-minute treatment includes a 45-minute massage.

Nourishing Body Wrap 75 minutes \$300 / 100 minutes \$390

We dry brush your skin to exfoliate and stimulate circulation then apply a full body wrap that contains Longan fruit seed extract for slimming benefits, caffeine extract to metabolize fat cells, and hyaluronic acid for deep hydration. Your body will feel complete rejuvenation! The 100-minute treatment includes a 25-minute massage.

Sonnenalp Silky Body Scrub 50 minutes \$220 / 75 minutes \$305

A gentle but effective body scrub that aids in improving rough patches while removing dead skin cells and impurities. This creamy, sulfate free, non-irritating scrub blends chamomile, aloe, and rosemary to exfoliate for a smoother texture and silky soft skin. The 75 minute treatment also includes a 45 minute massage.

Sonnenalp Showerless Body Scrub 50 minutes \$220 / 75 minutes \$305

A shower-free body scrub featuring a combination of three exfoliation methods, including enzymatic, acidic and mechanical to leave skin feeling ultra-soft. Followed by a smoothing body balm with refreshing notes of jasmine and iris to hydrate and tone your skin. The 75 minute includes a 45 minute massage.

Sonnenalp Massage 50 minutes \$205 / 75 minutes \$290 / 100 minutes \$390 ♥

A full-body Swedish style massage using light to medium pressure that will relieve your muscle tension, improve circulation, and promote deep relaxation. The perfect way to unwind.

Targeted Relief Massage 50 minutes \$215 / 75 minutes \$305 / 100 minutes \$410

Using customized deep tissue techniques, your therapist will focus on tense and over exerted areas to break up adhesions, release stored toxins, and increase mobility.

Spa Reflexology Massage 50 minutes \$205

A holistic healing massage that involves kneading the fleshy ball of the foot and heel of the hand, with specific Eastern techniques, to stimulate points that correspond to specific organs. Much more than a foot rub that brings revitalization, relaxation and healing to the whole body.

Warm Herbal Poultice Massage 75 minutes \$300

A Thai-inspired massage that immediately melts away tension. The herbal poultice delivers deep medicinal heat that reduce aches and pains, stimulates circulation, increases lymphatic drainage, as well as detoxifies and conditions the skin.

Serenity Salt Stone Massage 75 minutes \$315

A calming and grounding massage using warm Himalayan salt stones to replenish the body with vital trace minerals that combat inflammation, ease the discomfort from chronic pain, and release muscle tension.

High Altitude Massage 50 minutes \$220 / 75 minutes \$305

This customizable massage uses a special blend of frankincense, ylang ylang, peppermint and cypress essential oils to ease symptoms of high altitude. Combined with a magnesium lotion for muscle relaxation and calming of the mind. Enjoy a 15 minute oxygen treatment and Liquid IV beverage to complete your treatment.

Self Heating Back Treatment (Massage Add-On) 20 minutes \$95

Our self heating back treatment uses a unique thermal marine mud to relieve congestion and soothe nerves and muscles. As the heat increases millions of little bubbles start a micro-massage helping to absorb every trace of tension and improve tissue function. Add this treatment to a massage service.

MASSAGE & BODY TREATMENT ENHANCEMENTS

- 20 min. Hand and Foot Massage \$95 ♥
- 20 min. Head, Neck, and Scalp Massage \$95 ♥
- 20 min. Hot Oil Scalp Treatment \$95 ♥
- 20 min. Reflexology \$95
- 20 min. Dry Brush Exfoliation \$95
- 20 min. Lymphatic Facial Massage \$95
- CBD Spot Treatment \$30
- Paraffin for Hands or Feet \$30 ♥
- Infrared Crystal Heat Mat \$30

- Cryotonic Soothing Leg Treatment \$30
- Arnica Spot Treatment \$20
- Hyaluronic Face Mask \$20 ♥
- Theragun \$25
- Headache or Sinus Relief Massage \$20 ♥
- CBD Full Body With Spot Treatment \$40
- Hot River Stones \$25
- Pevonia Moisture Infusion \$10 ♥

♥ Prenatal Safe. Please advise spa concierge of pregnancy prior to booking treatment(s).

HAND/FOOT CARE

All hand & foot care treatments include a complimentary glass of wine or champagne (or juice)

Signature Manicure 50 minutes \$90 / Gel Manicure \$105 ♥

Includes exfoliation, cuticle work, nail shaping, hand and arm massage, choice of polish.

Signature Pedicure 50 minutes \$100 / Gel Pedicure \$115 ♥

A soothing foot-bath, nail shaping, cuticle work, heel exfoliation, foot and calf massage, choice of polish.

Ultimate Pedicure 75 minutes \$150 / Ultimate Gel Pedicure \$165

A pampering pedicure that includes a soothing foot-bath, nail shaping, cuticle work, softening foot scrub and paraffin treatment, an extended foot and calf massage, choice of polish.

Ion Spa Detoxifying Foot Treatment 50 minutes \$100

A detoxifying ionic foot-bath. Includes a foot scrub and relaxing foot massage.

Ion Spa Detoxifying Pedicure 75 minutes \$150

Our ionic foot-bath treatment followed by our Signature Pedicure.

Kids Manicure and Pedicure 50 minutes \$80

A manicure and pedicure with choice of polish. *Must be under 12 years old and accompanied by an adult.*

HAND AND FOOT CARE ENHANCEMENTS

20 min. Foot and Calf Massage \$90 ♥

CBD Foot Soak \$25 ♥

Revitalizing Vitamin C Hand Treatment \$20

Paraffin for Hands or Feet \$30 ♥

Paraffin with CBD \$40 ♥

Hydrating Eye Treatment \$25 ♥

Shellac/Gel Removal \$20

Gel Polish for Hands or Feet \$30

WAXING/TINT

Waxing ♥

Brow \$30

Lip \$30

Chin \$30

Neck \$25

Full Face \$70

Underarm \$50

Half Arm \$50

Upper Leg \$60

Lower Leg \$50

Full Leg \$100

Toe \$10

Chest \$80

Back \$80

Bikini \$60

Brazilian \$95

Tinting ♥

Lashes \$40

Brows \$30

Oxygen Bar \$2 per minute / 5 minute minimum, 30 minute maximum ♥

Our oxygen bar is perfect for those experiencing the effects of altitude sickness or needing a boost of energy. The treatment produces 94.7% oxygen alleviating shortness of breath, light headedness, dizziness, headache, fatigue, weakness, and nausea.

♥ Prenatal Safe. Please advise spa concierge of pregnancy prior to booking treatment(s).

SONNENALP SPA • 970-479-5404

Prices Subject to Change